

ABSTRACT OF THE DISCLOSURE

A shoe includes an outsole having an end connected to a heel portion and a midsole located on the outsole. A support member supports on the underside of the midsole and has a side wall extending perpendicularly from a periphery of a
5 rear end thereof. A connection piece has spikes which penetrate through the midsole and the support member, and are connected to a top of the heel portion. An insole is laminated on the midsole and a vamp is securely connected to a periphery of the outsole. The support member is made of composite fibers so as to bear the wearer's load and is not deformed because of its structural strength.